



# Getting to know Modern cloth nappies

**Newborn nappies** will fit babies from birth up to around 5.5/6kg (approx 3 months)

**One-size-fits-most nappies** will fit from 3.5kg to 16kg depending on the brand and fit of nappy

**Sized nappies** come in XS/S/M/L/XL. You will need a different sized nappy as your baby grows

## Pocket nappy

A pocket nappy holds all the absorbency within a sewn-in pocket which makes up the waterproof shell of the nappy. A complete nappy will come with either a piece of folded material or inserts which are washed and dried outside of the pocket. You can use anything to tailor the absorbency of a pocket nappy, for example, adding more boosting towards the front of the nappy for a boy or tummy sleeper. Pocket nappies are lined on the inside with microfleece or suede-cloth, which pulls moisture away from the baby's skin through to the absorbent insert in the pocket while keeping baby's skin dry.



## All-in-one nappy

An all-in-one nappy does not require any folding or covers; everything is built into one piece and the whole nappy is washed after every change. All-in-one nappies are sized (XS, S, M, L, XL) so you will need to purchase more sizes as the baby grows. They may take longer to dry than other selections. Secured easily with Velcro, this nappy can be a very straight forward option for cloth users.



## Fitted nappy

This style of nappies requires no folding and will fit to baby's shape. The nappy requires a snappi to secure and a nappy cover. Fitted nappies are great for a snug fitting and will adapt to the shape of the baby. You can even get creative adding extra boosting (when baby's wetting habits increase) before you put on the cover.

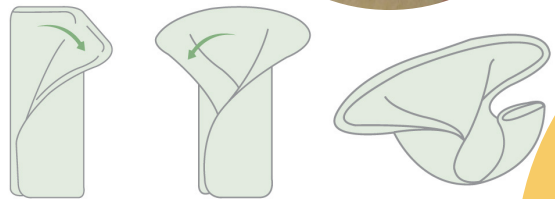


## All-in-two nappy

An all-in-two (Ai2) nappy is a two-piece nappy. The outer is a waterproof cover and the an absorbent insert is snapped into the inside of the cover. The insert can be removed after use and the shell used again with a new clean insert. These nappies can work out to be more economical than some of the other styles as the shells will dry faster and can be used with other inserts.

## Prefold nappy

A prefold is a flat piece of cloth, normally sewn in thirds. The middle third has a greater absorbency. When fitted on baby, these will need a nappy cover for waterproofing and a snappi (a three-pronged stretchy rubber clip instead of nappy pins!) to secure. There are a range of ways to fold and use a prefold. The most common and straight forward fold is the butterfly or winged fold shown.



## Night nappy

Night nappies are thicker and bulkier to hold more absorbency without needing to be changed as frequently. A night nappy will generally require a nappy cover such as a PUL cover or lanolised wool. A wool cover will repel moisture and allow for the nappy to breathe.