

Hobsons Bay Seniors Festival

1 - 31 October



2026

Victorian
Seniors
Festival
2026



HOBSONS
BAY CITY
COUNCIL



**THURSDAY
1 OCTOBER**

10.30am to 11.30am



FREE

**Community safety session:
Protect yourself from theft**

Join Victoria Police to learn tips for protecting yourself from theft. This session will cover:

- Securing your home
- Securing your belongings
- Protecting your home and car from being robbed

VENUE:

Altona Library
123 Queen Street, Altona

BOOKINGS REQUIRED

☎ **1300 179 944**

✉ libraryevents@hobsonsbay.vic.gov.au

🌐 [hobsonsbay.vic.gov.au/Libraries/
Whats-on-at-the-library](https://hobsonsbay.vic.gov.au/Libraries/Whats-on-at-the-library)

**FRIDAY
2 OCTOBER**

10.30am to 11am



\$5 PASS

**Seated strength builder -
online seated bodyweight
exercise class**

Stay active from the comfort of your lounge!
Join Carol for a fun 30 minute seated workout
to build upper and lower body strength.

VENUE:

Online via Zoom

BOOKINGS REQUIRED

☎ **0411 246 741 (Carol)**

✉ carol@thirdagefitness.com.au

🌐 bit.ly/2026seniorsFestivalPass

\$5 Festival Pass for unlimited classes

**FRIDAY
2 OCTOBER**

10am to 3pm



FREE

Hobsons Bay Seniors Expo

Meet and learn about services or programs Council and senior community groups provide within Hobsons Bay.

VENUE:

Lorraine Bedella Building
60 Walker Close, Altona North

FOR INFORMATION AND BOOKINGS

☎ (03) 9932 1530

**EVERY FRIDAY
2 TO 30 OCTOBER**

10am to 12pm



FREE

Mahjong Fridays

Join us to learn how to play Mahjong.

Beginner or expert, everyone is welcome to come learn, play, chat and unwind with us. Morning tea provided.

VENUE:

Altona Library
123 Queen Street, Altona

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsbay.vic.gov.au

🌐 [hobsonsbay.vic.gov.au/Libraries/
Whats-on-at-the-library](http://hobsonsbay.vic.gov.au/Libraries/Whats-on-at-the-library)

**SUNDAY
4 OCTOBER**

1pm to 3pm



FREE

**Afternoon tea and quiz
with CWA Williamstown**

There will be Devonshire Tea, sausage rolls and other finger food, and a quiz and talk during the afternoon.

VENUE:

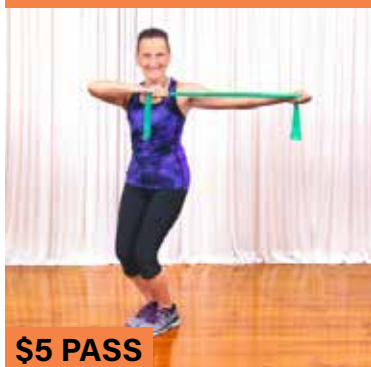
Dennis Reserve
Cnr Ferguson St & Melbourne Road,
Williamstown

FOR INFORMATION AND BOOKINGS

 cwaofvicwilliamstown@gmail.com

**MONDAY
5 OCTOBER**

10.30am to 11am



\$5 PASS

**Building strength with
bands – online standing
and floor exercise class**

Stay active from the comfort of your lounge! Join Carol for a fun 30 minute combo workout using a resistance band and mat to build strength.

VENUE:

Online via Zoom

BOOKINGS REQUIRED

 **0411 246 741**

 **carol@thirdagefitness.com.au**

 **bit.ly/2026SeniorsFestivalPass**

\$5 Festival Pass for unlimited classes

**EVERY MONDAY
5 TO 26 OCTOBER**

3pm to 6pm



FREE

Monday Makers

This is a drop-in, self-guided session where you can access a variety of equipment facilitated by a trained staff member.

Equipment includes:

- Sewing machines
- Overlockers
- Cricut machine
- 3D & engraver pens
- Fabric & repair kits

Experienced or a beginner, Join us to learn a new skill, or bring a project to work on.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-library](http://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library)

**MONDAY
5 & 19 OCTOBER**

1.30pm to 3pm



FREE

Knit and Sip

This is a social knitting group where people bring their own knitting/craft project or knit/crochet and form a range of items made for charity. Tea and coffee provided.

VENUE:

Altona Senior Citizen Centre
Beryl Hevey Centre
2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS

☎ (03) 9398 1346 (Cathy Hardiman)

✉ altonau3a@yahoo.com.au

TUESDAY 6 OCTOBER

10.30am to 11.30am



FREE

Services Australia: Age pension

Services Australia will present an information session on Age Pension, and Disability and Carer Payment/Allowance, covering topics on:

- payment eligibility
- reporting your income
- how much you can get
- income and asset test

VENUE:

Altona Library
123 Queen Street, Altona

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library

TUESDAY 6 TO WEDNESDAY 21 OCTOBER

10am to 3pm



FREE

5th Annual U3A Art exhibition

With over 100 active artists in the U3A Art Groups displaying their work, this is a valuable insight into the talent within our community. Many of the framed pieces are for sale, with no commissions or fees: all proceeds are paid to the artists.

VENUE:

Dennis Reserve Centre
Cnr Melbourne Rd & Ferguson Street,
Williamstown

**There will be an Artist in residence
everyday between 10am to 3pm**

**EVERY TUESDAY
6 TO 27 OCTOBER**

1pm to 3pm



FREE

Craft and Laugh

Join us for a fun, calming session filled with creativity and connection. All craft styles and skill levels are welcome.

Bring your favourite craft - knitting, drawing, colouring, puzzle, anything that brings you joy (no painting please).

A great way to meet people, connect with your library and explore new creative activities.

VENUE:

Altona North Library
Millers Rd & McArthurs Road, Altona North

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-library](http://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library)

**EVERY TUESDAY
6 TO 27 OCTOBER**

10am to 12pm



FREE

Cards and Conversation

Do you like playing games?

Whether you're a 500 fan, a Canasta champ, or just curious to learn, from word games like Scrabble, strategy games like Sequence, Triominos and classic favourites like Rummikub and Azul, this is your day to play.

VENUE:

Altona North Library
Millers Rd & McArthurs Road, Altona North

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-library](http://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library)

WEDNESDAY
7 OCTOBER
10.30am to 11am



Building strength with dumbbells – online standing exercise class

Stay active from the comfort of your lounge!
Join Carol for a fun 30min standing full body
workout using dumbbells to build strength.

VENUE:

Online via Zoom

FOR INFORMATION AND BOOKINGS

☎ 0411 246 741 (Linda Scott – Secretary)

✉ carol@thirdagefitness.com.au

🌐 bit.ly/2026SeniorsFestivalPass

\$5 Festival Pass for unlimited classes

THURSDAY
8 OCTOBER
10am to 12pm



Conservation Bus Tour

Hop on the mini van around Newport
Lakes for a conservation themed tour.

VENUE:

Meet at the Hobsons Bay Civic Centre
115 Civic Parade Altona

BOOKINGS REQUIRED

🌐 events.humanitix.com/nltour

**THURSDAY
8 OCTOBER**

11.45am to 12.45pm



FREE

**Historic Nelson Place
and The Strand**

Join a guided walk and discover the history of some of the historic buildings in Nelson Place and along The Strand, Williamstown.

VENUE:

Tours depart from the Visitor Information Centre, Commonwealth Reserve, Williamstown 10 min before

BOOKINGS REQUIRED

☎ (03) 9932 3016

✉ visitorinformation@hobonsbay.vic.gov.au

**FRIDAY
9 OCTOBER**

10.30am to 11am



FREE

**Friday Morning Tech class:
Shopping safely online**

Learn how to shop online with confidence. Discover how to spot secure websites, compare prices, avoid common scams, and protect your personal and financial information when buying things online.

VENUE:

Altona North Library
Millers Rd & McArthurs Road, Altona North

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-library](https://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library)

**FRIDAY
9 OCTOBER**

10am to 11am



\$5 PASS

**Seated strength builder –
online seated bands
exercise class**

Stay active from the comfort of your lounge!
Join Carol for a fun seated 30 minute workout
to build strength using a resistance band.

VENUE:

Online via Zoom

FOR INFORMATION AND BOOKINGS

☎ 0411 246 741

✉ carol@thirdagefitness.com.au

🌐 bit.ly/2026seniorsFestivalPass

\$5 Festival Pass for unlimited classes

**MONDAY
12 OCTOBER**

10.30am to 11am



\$5 PASS

**Building strength with
dumbbells – online standing
and floor exercise class**

Stay active from the comfort of your lounge!
Join Carol for a fun 30 minute combo workout
using dumbbells and mat to build strength.

VENUE:

Online via Zoom

BOOKINGS REQUIRED

☎ 0411 246 741

✉ carol@thirdagefitness.com.au

🌐 bit.ly/2026seniorsFestivalPass

\$5 Festival Pass for unlimited classes

MONDAY
12 & 26 OCTOBER
10.30am to 12pm



FREE

Current Affairs

Come and join our regular discussion of local, state and national events. Generally followed by coffee at a local café.

VENUE:

Altona Senior Citizen Centre, Beryl Hevey Centre
2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS

☎ (03) 9398 1346 (Cathy Hardiman)

✉ altonau3a@yahoo.com.au

TUESDAY
13 & 27 OCTOBER
10am to 11am



FREE

BinGO MOVE community

binGO MOVE Community is an active version of traditional bingo where the number drawn prompts the participants to perform specific movements to music.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library

**TUESDAY
13 OCTOBER**

10.30am to 11am



**Better balance - online
standing exercise class**

Stay active from the comfort of your lounge! Join Carol for a fun 30 minute balance workout using a chair to build strength and coordination.

VENUE:

Online via Zoom

FOR INFORMATION AND BOOKINGS

☎ **0411 246 741 (Carol)**

✉ **carol@thirdagefitness.com.au**

🌐 **bit.ly/2026seniorsFestivalPass**

\$5 Festival Pass for unlimited classes

**WEDNESDAY
14 OCTOBER**

1pm to 4pm



DownTown Strutters Tea Dance

Ballroom dancing event hosted by Hobsons Bay City Council at the Williamstown Town Hall. Ticket includes some light refreshments and live music by the Truetones. This is a event. Tickets are \$13.90 each - tables of 10. Tickets must be purchased prior to the event either online or by calling the Williamstown box office.

VENUE:

Williamstown Town Hall
104 Ferguson Street Williamstown

BOOKINGS REQUIRED

☎ **(03) 9932 4074 (Box office)**

🌐 **hobsonsbaytickets.com.au**

Tickets are \$13.50 each. Tickets must be purchased prior to the event.

**WEDNESDAY
14 OCTOBER**

10.30am to 12pm



FREE

Churches of Williamstown

Join a guided walk and discover the history of some of the churches established in Williamstown in the 1800s.

VENUE:

Tours depart from the Visitor Information Centre, Commonwealth Reserve, Williamstown 10 minutes before.

BOOKINGS REQUIRED

☎ (03) 9932 3016

✉ visitorinformation@hobonsbay.vic.gov.au

**THURSDAY
15 OCTOBER**

11am to 12.30am



FREE

Ghosts and untold stories at the Williamstown cemetery

Visit grave sites at the historic Williamstown Cemetery with a local historian and hear their stories, a number that have not been told before.

VENUE:

Meet at the entrance gate, Champion Road, North Williamstown 10 minutes before

BOOKINGS REQUIRED

☎ (03) 9932 3016

🌐 visitorinformation@hobonsbay.vic.gov.au

**FRIDAY
16 OCTOBER**

10am to 11am



FREE

**Friday Morning Tech class:
Payments and digital wallets**

Curious about tap-and-go payments, Apple Pay, Google Wallet, and online banking? This session explains digital payments in plain English and shows you how to use them safely and securely.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-library](https://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library)

**TUESDAY
20 OCTOBER**

10am to 11.30pm



FREE

**Learn it Make it:
Woven drink coasters**

This month we are learning all about weaving! In this session, we'll show to make a simple woven drink coaster including all the techniques you need to get started, with step-by-step guidance and handouts.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-library](https://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library)

**WEDNESDAY
21 OCTOBER**

10am to 11.30am



FREE

**Williamstown as
a seaside retreat**

On this gentle wander, learn about the history and health benefits of the Williamstown Botanic Gardens. The walk will then take in the Esplanade providing discussions about the fashion for sea baths and beach entertainments.

VENUE:

Meet at the gates on the corner of Giffard and Osbourne Street, Williamstown 10 mins before.

FOR INFORMATION AND BOOKINGS

☎ (03) 9932 3016

✉ visitorinformation@hobonsbay.vic.gov.au

**THURSDAY
22 OCTOBER**

11.45am to 1.15pm



FREE

Pubs of Williamstown

A guided walking tour to discover the history of Williamstown pubs.

VENUE:

Tour departs from Hobsons Bay Visitor Information Centre in Commonwealth Reserve, Nelson Place, Williamstown 10 mins before.

BOOKINGS REQUIRED

☎ (03) 9932 3016

✉ visitorinformation@hobonsbay.vic.gov.au

**FRIDAY
23 OCTOBER**

10am to 11am



FREE

**Friday Morning Tech class:
Understanding 'the cloud'**

What exactly is "the cloud" and why is everyone talking about it? Learn how cloud storage works, where your photos and files are kept, and how to access them across your devices.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

☎ **1300 179 944**

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-libraryWhats-on-at-the-library](https://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-libraryWhats-on-at-the-library)

**TUESDAY
24 OCTOBER**

10am to 11.30pm



FREE

**Learn it Make it:
Woven drink coasters**

This month we are learning all about weaving! In this session, we'll show to make a simple woven drink coaster including all the techniques you need to get started, with step-by-step guidance and handouts.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

☎ **1300 179 944**

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-libraryWhats-on-at-the-library](https://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-libraryWhats-on-at-the-library)

**WEDNESDAY
28 OCTOBER**

10.30am to 12.30pm



FREE

Morning Movie Club: Advanced Style

ADVANCED STYLE examines the lives of seven unique New Yorkers whose eclectic personal style and vital spirit have guided their approach to aging. Based on Ari Seth Cohen's famed blog of the same name, this film paints intimate and colorful portraits of independent, stylish women aged 62 to 95. Morning tea provided.

VENUE:

Newport Community Hub
13/15 Mason Street, Newport

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 [hobsonsabay.vic.gov.au/Libraries/
Whats-on-at-the-library](https://hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library)

**WEDNESDAY
28 OCTOBER**

7.30pm to 9.30pm



FREE

Willin Wimmin - Come Sing with Us

Presented as part of the 2026 Hobsons Bay Seniors Festival by Willin Wimmin. A no cost evening of song and a cuppa for anyone curious to know more about singing with this long-standing women's choir. Seats are limited.

VENUE:

Dennis Reserve Community Centre
Cnr Ferguson St & Melbourne Rd, Williamstown

BOOKINGS REQUIRED

☎ 0419 355 862

🌐 trybooking.com.DOKME

**WEDNESDAY
28 OCTOBER**

4pm to 5.30pm



FREE

**Learn it Make it:
Woven drink coasters**

This month we are learning all about weaving! In this session, we'll show to make a simple woven drink coaster including all the techniques you need to get started, with step-by-step guidance and handouts.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

📞 1300 179 944

📧 libraryevents@hobsonsbay.vic.gov.au

🌐 [hobsonsbay.vic.gov.au/Libraries/](http://hobsonsbay.vic.gov.au/Libraries/Whats-on-at-the-library)
Whats-on-at-the-libraryWhats-on-at-the-library

**THURSDAY
29 OCTOBER**

11am to 2.30pm



\$13.90

Melodies with Musical Greats

Enjoy light refreshments and be entertained by the Paul Hogan Tribute Show performing hits from the 50s, 60s 70s and 80s event. Tickets must be purchased prior to the event. Tables of 9.

VENUE:

Laverton Community Hub
95-105 Railway Ave Laverton

BOOKINGS REQUIRED

📞 (03) 9932 4074

🌐 hobsonsbaytickets.com.au

Tickets are \$13.50 each.

Tickets must be purchased prior to the event.

**THURSDAY
29 OCTOBER**

11am to 12.30pm



FREE

Ghosts and untold stories at the Williamstown cemetery

Visit grave sites at the historic Williamstown Cemetery with a local historian and hear their stories, a number that have not been told before.

VENUE:

Meet at the entrance gate, Champion Road, North Williamstown 10mins before.

FOR INFORMATION AND BOOKINGS

☎ (03) 9932 3016

✉ visitorinformation@hobonsbay.vic.gov.au

**THURSDAY
29 OCTOBER**

7pm to 8pm



FREE

Exploring the backside of television with Mich McTaggart

Join Mitch McTaggart, writer and presenter of *The Last Year of Television* and *The Back Side of Television* to discuss the state of broadcast in the era of streaming.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

FOR INFORMATION AND BOOKINGS

☎ 1300 179 944

✉ libraryevents@hobsonsabay.vic.gov.au

🌐 hobsonsabay.vic.gov.au/Libraries/Whats-on-at-the-library

**FRIDAY
30 OCTOBER**

10am to 11am



FREE

**Friday Morning Tech class:
Understanding 'fake news'**

Learn practical skills to identify misinformation, recognise trustworthy sources, and fact-check online content. A useful session for anyone who wants to feel more confident navigating today's information landscape.

VENUE:

Altona Meadows Library
2 Newham Way, Altona Meadows

BOOKINGS REQUIRED

☎ 1300 179 944

✉ libraryevents@hobsonsbay.vic.gov.au

🌐 [hobsonsbay.vic.gov.au/Libraries/
Whats-on-at-the-library](https://hobsonsbay.vic.gov.au/Libraries/Whats-on-at-the-library)

**EVERY TUESDAY
AFTERNOON**

1pm to 3pm



FREE

**Williamstown Seniors
afternoon social gathering**

Come along and meet the members of the Williamstown Seniors. Have a chat about old times and have a sing along while enjoying some afternoon tea. Raffle tickets are sold for some bonus fun.

VENUE:

Dennis Reserve
Cnr Ferguson Road and Melbourne Road,
Williamstown

FOR INFORMATION AND BOOKINGS

☎ 0402 769 204 (President Marlene)

**EVERY MONDAY
& SATURDAY**

12noon to 3pm



FREE

Indoor Carpet Bowls

Casual and social indoor carpet bowls.

VENUE:

Altona Senior Citizens Centre, Beryl Hevey Building, 2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS

☎ (03) 9932 1311 (President)

🌐 Altonaseniors3018@gmail.com

FREE trial for the month of October

**TUESDAY 6, 13, 20
& 27 OCTOBER**

10.30am to 3pm



FREE

Mystery Music Sessions

Free live music presented by local musicians including danny & the rockets (6th) glenrowan bush band (13th) evening breeze (20th) & steve jahauri (27th).

VENUE:

Altona Senior Citizens Centre, Beryl Hevey Building, 2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS

☎ (03) 9932 1311

🌐 Altonaseniors3018@gmail.com

FREE trial for the month of October

**TUESDAY 6, 13, 20
& 27 OCTOBER**
9.30am to 12pm



Learn to play croquet

Learn to play the fun game of croquet at our regular social sessions. Playing with partners, enjoy a friendly croquet game with a break for morning tea. All equipment provided.

VENUE:

Meet at the gates on the corner of Giffard and Osbourne Street, Williamstown 10 mins before.

FOR INFORMATION AND BOOKINGS

📞 **Peter Spruzen**

✉️ secretary@williamstowncroquet.org.au

**EVERY TUESDAY
AND FRIDAY**
11.45am to 12.45pm



Step back in time and unlock the secrets of the historic seaports

Explore hidden lanes and an abandoned morgue, historical buildings and monuments on a free guided walking tour in Williamstown.

VENUE:

Tour departs from Hobsons Bay Visitor Information Centre in Commonwealth Reserve, Nelson Place, Williamstown 10mins before.

BOOKINGS REQUIRED

📞 **(03) 9932 3016**

✉️ visitorinformation@hobonsbay.vic.gov.au

EVERY WEDNESDAY MORNING

9am to 11:30am



Art Classes

Learn to paint with your friends.

VENUE:

Altona Senior Citizens Centre, Beryl Hevey Building - 2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS

☎ (03) 9932 1311

✉ Altonaseniors3018@gmail.com

FREE trial for the month of October

EVERY WEDNESDAY MORNING

9:30am to 11am



Sit and Knit

Sit and knit or crochet with friends.

VENUE:

Altona Senior Citizens Centre, Beryl Hevey Building, 2 Sargood Street, Altona

NO BOOKING REQUIRED

☎ (03) 9932 1311

✉ Altonaseniors3018@gmail.com

FREE trial for the month of October

**EVERY WEDNESDAY
MORNING**

9.30am to 12pm



Loom Room Craft Group

Loom available for weaving. Participants can bring items to work on.

VENUE:

Dennis Reserve Centre -
Cnr Ferguson St & Melbourne Rd, Williamstown

NO BOOKING REQUIRED

☎ 0419 538 543 (President)

✉ lpleach47@gmail.com

FREE trial for the month of October

**EVERY WEDNESDAY
MORNING**

10am to 11.30am



Games

Group gathers to play Banagrams and Rummikub.

VENUE:

Dennis Reserve Centre – Cnr Ferguson St
& Melbourne Rd, Williamstown

NO BOOKING REQUIRED

☎ 0419 538 543 (President)

✉ lpleach47@gmail.com

FREE trial for the month of October

**EVERY WEDNESDAY
AND FRIDAY
AFTERNOON**

1pm to 3pm



FREE

Indoor Table Tennis

Join us for some fun sessions of indoor table tennis.

VENUE:

Dennis Reserve Centre –
Cnr Ferguson St & Melbourne Rd, Williamstown

FOR INFORMATION AND BOOKINGS

☎ **0419 538 543 (President)**

✉ **lpleach47@gmail.com**

FREE trial for the month of October

**EVERY FRIDAY
MORNING**

10.15am to 11.15am



FREE

Exercise classes for seniors

Exercise classes tailored to senior citizens.

VENUE:

Altona Senior Citizens Centre, Beryl Hevey
Building - 2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS

☎ **(03) 9932 1311**

✉ **Altonaseniors3018@gmail.com**

FREE trial for the month of October

EVERY FRIDAY AFTERNOON

1pm to 3.30pm



FREE

New Vogue Dancing

Learn to dance while meeting with new friends.

VENUE:

Altona Senior Citizens Centre, Beryl Hevey
Building - 2 Sargood Street, Altona

NO BOOKING REQUIRED

☎ (03) 9932 1311

✉ Altonaseniors3018@gmail.com

FREE trial for the month of October

EVERY FRIDAY MORNING

10am to 12pm



FREE

Conversations for the Curious

Speakers and group discussions
on topics of interest to seniors.

VENUE:

Dennis Reserve Centre – Cnr Ferguson St
& Melbourne Rd, Williamstown

NO BOOKING REQUIRED

☎ 0419 538 543 (President)

✉ lpleach47@gmail.com

FREE trial for the month of October

**EVERY FRIDAY
AFTERNOON**

12:15pm to 12:45pm



FREE

Chair exercises

Gentle exercises tailored and led by facilitator on a big screen.

VENUE:

Dennis Reserve Centre – Cnr Ferguson St & Melbourne Rd, Williamstown

NO BOOKING REQUIRED

☎ 0419 538 543 (President)

✉ lpleach47@gmail.com

FREE trial for the month of October

**Victorian
Seniors
Festival
2026**

**CONNECT
CREATE
CELEBRATE**

CONNECT CREATE CELEBRATE



HOBSONS BAY CITY COUNCIL

115 Civic Parade, Altona
PO Box 21, Altona 3018
Phone 1300 179 944
NRS phone 133 677 and quote 1300 179 944
Email customerservice@hobsonsbay.vic.gov.au



**HOBSONS BAY
LANGUAGE LINE** | **9932 1212**
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