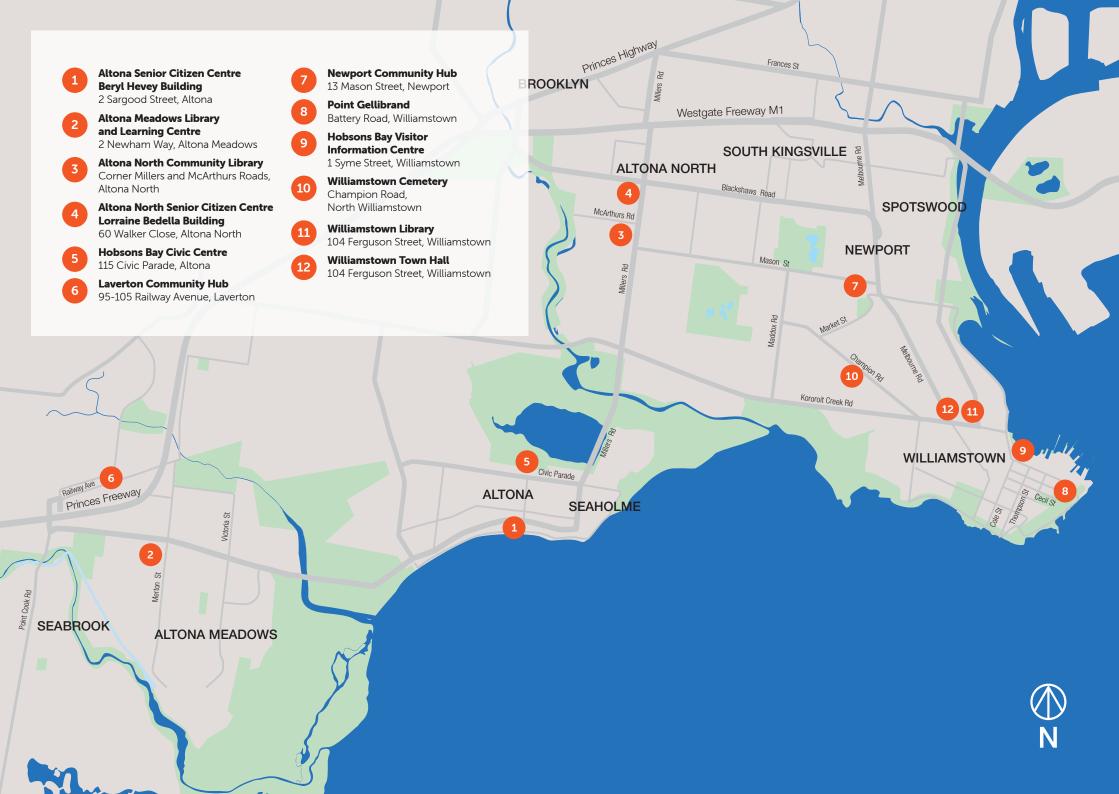


Hobsons Bay Seniors Festival 2023

Victorian Seniors Festival 2023











KNIT 'N SIP

Knit 'n Sip is a social knitting group where all are welcome. Participants can bring their own knitting or contribute to one of the group projects for charity. Tea and coffee are provided.

VENUE:

Beryl Hevey Centre, 2 Sargood Street Altona

FOR INFORMATION AND BOOKINGS: § 9398 1346 (Altona U3A office)

altonau3a@yahoo.com.au

Friday 6 October 10am to 11am



TECH CLASS: KEEPING KIDS SAFE ONLINE

Come along and learn some practical safety tips for helping grandchildren and/or children and young people in your life to be safe online.

VENUE:

Altona Meadows Library and Learning Centre 2 Newham Way, Altona Meadows

BOOKINGS ESSENTIAL: Scan QR code or visit our website www.hobsonsbay.vic.gov.au/Libraries 1300 179 944



Scan here for bookings

Wednesday 4 October 11.45am to 1.15pm



PUBS OF WILLIAMSTOWN GUIDED WALKING TOUR

A guided walking tour to learn about the history of Williamstown pubs.

VENUE:

Commonwealth Reserve, Nelson Place, Williamstown

BOOKINGS ESSENTIAL: § 9932 3016 sittorinformation@hobsonsbay.vic.gov.au Saturday 7 October 8am to 6pm



SEABREEZE QUILTERS SHOP HOP

A bus trip to patchwork shops (destination to be advised) for those who LOVE all things patchwork and fabric, and want to LEARN about new trends and patterns and for the friendships crafting brings!

VENUE:

Lorraine Bedella Seniors Centre, 60 Walker Close, Altona North

FOR INFORMATION AND BOOKINGS: gkreilly93@hotmail.com (Georgia Reilly)

Tickets \$25 Seabreeze Quilters Members or \$35 visitors





WILLIAMSTOWN CEMETERY, GUIDED WALKING TOUR

A guided walking tour around Williamstown cemetery, one of Victoria's oldest. Meet at the entrance gates.

VENUE:

Meet at the entrance gates of Williamstown Cemetery Champion Road, North Williamstown

BOOKINGS ESSENTIAL:

℅ 9932 3016

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Wednesday 11 October 1pm to 4pm



DOWNTOWN STRUTTERS TEA DANCE

Enjoy some light refreshments, bring your dancing shoes or sing along with the Chordettes.

VENUE:

Williamstown Town Hall 104 Ferguson St, Williamstown

BOOKINGS ESSENTIAL: § 9932 4074 www.hobsonsbaytickets.com.au

Tickets are \$10 and must be purchased prior to event

Wednesday 11 October 10am to 12pm



SENIORS BUS TOUR (MORNING)

Join a conservation mini-bus tour of the nearby Truganina Park (a.k.a "the 100 Steps"). You will learn about the wildlife, plants and ecosystems of this amazing reserve.

VENUE: Altona Civic Centre, 115 Civic Parade, Altona

BOOKINGS ESSENTIAL: § 1300 179 944 (Andrew or Suzette) ranger@hobsonsbay.vic.gov.au





Wednesday 11 October 1pm to 3pm



SENIORS BUS TOUR (AFTERNOON)

Join a conservation mini-bus tour of the nearby Truganina Park (a.k.a "the 100 Steps"). You will learn about the wildlife, plants and ecosystems of this amazing reserve.

VENUE:

Altona Civic Centre 115 Civic Parade, Altona

BOOKINGS ESSENTIAL: § 1300 179 944 (Andrew or Suzette) ranger@hobsonsbay.vic.gov.au



Scan here for bookings Wednesday 11 October 10.30am to 12pm



WILLIAMSTOWN CEMETERY -CONVICT GRAVES AND TALES

On a guided tour, visit naval and convict graves that now rest in the Williamstown Cemetery and hear their stories.

VENUE:

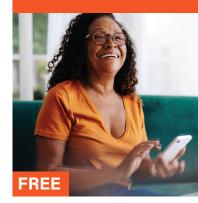
Meet at the entrance gates of Williamstown Cemetery Champion Road, North Williamstown

BOOKINGS ESSENTIAL:

© 9932 3016

🖄 visitorinformation@hobsonsbay.vic.gov.au

Friday 13 October 10am to 11am



TECH CLASS: HOW TO CUSTOMISE YOUR PHONE

Learn some tips and tricks to make your smart phone work for you.

VENUE:

Altona Meadows Library and Learning Centre 2 Newham Way, Altona Meadows

BOOKINGS ESSENTIAL: Scan QR code or visit our website ⊕ www.hobsonsbay.vic.gov.au/Libraries ∿ 1300 179 944



Scan here for bookings

Thursday 12 October 12pm to 1.30pm



BACK LANES AND STREETS OF WILLIAMSTOWN

See behind the facade of Nelson Place and back streets of Williamstown.

VENUE:

Commonwealth Reserve, Nelson Place, Williamstown

BOOKINGS ESSENTIAL:

- **§ 9932 3016 €**

Friday 13 October 10am to 12pm



COME AND TRY THE SENIORS EXERCISE PARK

Hobsons Bay have installed a seniors exercise park at Donald McLean Reserve, Spotswood. Come and learn to use the equipment in a safe, welcoming and social environment.

VENUE: Donald McLean Reserve, The Avenue, Spotswood

FOR INFORMATION AND BOOKINGS:

- **% 0497 418 708** €
- jharrison@hobsonsbay.vic.gov.au (Jasmin Harrison)

Sunday 15 October 11am to 12.30pm



CONVICT TRAIL AT POINT GELLIBRAND

Guided walking tour retracing our convict system in the colony. There will be some walking on the beach to view the convict sea wall.

VENUE:

Meet at the Timeball Tower, Point Gellibrand, Battery Road, Williamstown.

BOOKINGS ESSENTIAL:

S 9932 3016

֎ visitorinformation@hobsonsbay.vic.gov.au

Monday 16 October 1.30pm to 3pm



KNIT 'N SIP

Knit 'n Sip is a social knitting group where all are welcome. Participants can bring their own knitting or contribute to one of the group projects for charity. Tea and coffee are provided.

VENUE:

Beryl Hevey Centre, 2 Sargood Street Altona

FOR INFORMATION AND BOOKINGS

Learn. Love. Live.



*

Victorian eniors Festival 2023

Wednesday 18 October 11am to 12.30pm



TECH CAFÉ: MY FAVOURITE APP

For anyone who feels confused or anxious about technology, join us for a chat at Tech Café. This session we will be talking about and sharing our favourite apps for your devices.

VENUE:

Altona Meadows Library and Learning Centre 2 Newham Way, Altona Meadows

BOOKINGS ESSENTIAL: Scan QR code or visit our website

www.hobsonsbay.vic.gov.au/Libraries
\$ 1300 179 944



Saturday 21 October 12pm to 4pm



SEABREEZE QUILTERS GENERAL MEETING

A casual meeting of like minded people who LOVE an afternoon of chatting, hand sewing (or any craft) and a scrumptious afternoon tea as well as for those who want to LEARN about what others are making (we have a great Show 'n Tell session) while we all LIVE for the friendships and connections we make through crafting!

VENUE:

Lorraine Bedella Seniors Centre, 60 Walker Close, Altona North

NO BOOKINGS REQUIRED © 0409 382 510 (Kim Reilly) @ kimreilly58@outlook.com

Friday 20 October 10am to 11am



TECH CLASS: SCAM SLEUTHS: AWARENESS TRAINING

Increase your awareness of common scams and learn basic tips on how to identify suspicious looking messages, emails and links.

VENUE:

Altona Meadows Library and Learning Centre 2 Newham Way, Altona Meadows

BOOKINGS ESSENTIAL: Scan QR code or visit our website www.hobsonsbay.vic.gov.au/Libraries 1300 179 944



Scan here for bookings Monday 23 October 12pm to 1pm



ROCKIN' OLDIES -ELECTRIC GUITAR GROUP

U3A musos "Rockin' Oldies" will be doing a FREE concert playing songs from the memorable 60's, 70's and 80's.

VENUE:

Beryl Hevey Altona Centre, 2 Sargood St Altona.

FOR INFORMATION AND BOOKINGS: % 0422 560 298 (Clive)





LUNCH WITH MUSICAL GREATS

Enjoy a two-course meal and be entertained by the Real Paul Hogan Tribute show performing hits from the 50's, 60's, 70's and 80's.

VENUE: Williamstown Town Hall 104 Ferguson St, Williamstown

BOOKINGS ESSENTIAL: § 9932 4074 www.hobsonsbaytickets.com.au

Tickets are \$13 and must be purchased prior to event.



Friday 27 October 10am to 12pm



COME AND TRY THE SENIORS EXERCISE PARK

Hobsons Bay have installed a seniors exercise park at Donald McLean Reserve, Spotswood. Come and learn to use the equipment in a safe, welcoming and social environment.

VENUE:

Donald McLean Reserve, The Avenue, Spotswood

FOR INFORMATION AND BOOKINGS: § 0497 418 708 @ jharrison@hobsonsbay.vic.gov.au (Jasmin Harrison)

Friday 27 October 10am to 11am



TECH CLASS: SCAM SLEUTHS: STOP THE SCAMS!

Test your knowledge of how to identify scams, as well as more practical things you can do to try proactively avoid scammers.

VENUE:

Altona Meadows Library and Learning Centre 2 Newham Way, Altona Meadows

BOOKINGS ESSENTIAL: Scan QR code or visit our website www.hobsonsbay.vic.gov.au/Libraries 1300 179 944



Monday 30 October 10.30am



IN THE ZONE - A MORNING TEA FILLED WITH LAUGHTER AND CREATIVITY

Enjoy some laughs and experiences amongst artwork from Hobsons Bay Arts Society.

VENUE: Louis Joel Gallery, 5 Sargood St Altona

BOOKINGS ESSENTIAL: § 9398 2511 @ admin@ljac.com.au

\$5 donation is appreciated

Every Monday in October 10.30am to 12pm



CURRENT AFFAIRS

Current Affairs is a discussion of current local, national and international events. We welcome ideas and opinions and are open to suggestions for topics.

VENUE:

Beryl Hevey Centre, 2 Sargood Street Altona

FOR INFORMATION AND BOOKINGS:

% 9398 1346 (Altona U3A office)

altonau3a@yahoo.com.au

Every Tuesday in October 11.45am to 12.45pm



STEP BACK IN TIME -WILLIAMSTOWN GUIDED WALKING TOUR

Unlock the secrets of historic Williamstown waterfront and seaport on a guided walking tour.

VENUE:

Commonwealth Reserve, Nelson Place, Williamstown

BOOKINGS ESSENTIAL:

Sec. 9932 3016

⊗ visitorinformation@hobsonsbay.vic.gov.au
 ⊕ www.hobsonsbaytickets.com.au



Scan here
 for bookings

Every Monday in October 12.30pm to 3pm



INDOOR BOWLS

Come and try indoor bowls. Meet our members and enjoy a cuppa.

VENUE:

Beryl Hevey Centre, 2 Sargood St Altona

FOR INFORMATION AND BOOKINGS: © 0417 528 424 (President Sue Rae King) Every Wednesday in October 10am to 10.40am



TAI CHI

Tai Chi is a very popular activity designed to benefit both mind and body. Tai Chi develops many skills including focus, balance, relaxation and harmony. Suitable for beginners. Participants should wear loose comfortable clothing and suitable footwear.

VENUE:

Beryl Hevey Centre, 2 Sargood Street Altona

FOR INFORMATION AND BOOKINGS: 9398 1346 (Altona U3A office)

🖄 altonau3a@yahoo.com.au

Every Wednesday in October 12pm to 2.30pm

LINE DANCING

Come along and watch or join our line dancing classes every Wednesday. Try your first class for free.

VENUE:

Altona Seniors Citizen Centre 2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS: © 0417 528 424 (President Sue Rae King)

Every Friday in October 10.15am to 11.15am



EXERCISE CLASSES

Come along and watch or join our exercises classes every Friday. Try your first class for free.

VENUE:

Altona Seniors Citizen Centre 2 Sargood Street, Altona

FOR INFORMATION AND BOOKINGS: © 0417 528 424 (President Sue Rae King)

Every Friday in October 11.45am to 12.45pm



STEP BACK IN TIME -WILLIAMSTOWN, GUIDED WALKING TOUR

Unlock the secrets of historic Williamstown waterfront and seaport on a guided walking tour.

VENUE:

Commonwealth Reserve, Nelson Place, Williamstown

BOOKINGS ESSENTIAL:

% 9932 3016 €

⊗ visitorinformation@hobsonsbay.vic.gov.au
 ⊕ www.hobsonsbaytickets.com.au

Every Saturday in October 12.30pm to 3pm



INDOOR BOWLS

Come and try indoor bowls. Meet our members and enjoy a cuppa.

VENUE: Beryl Hevey Centre, 2 Sargood St Altona

FOR INFORMATION AND BOOKINGS: © 0417 528 42 (President Sue Rae King)



HOBSONS BAY CITY COUNCIL

115 Civic Parade, Altona PO Box 21, Altona 3018 Phone 1300 179 944 Fax (03) 9932 1090 NRS phone 133 677 and quote 03 9932 1000 Email customerservice@hobsonsbay.vic.gov.au



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