



Laverton Community Hub

Active Program

Keep fit, stay safe and connected.

Cost \$5/\$2 concession

Zumba:

Monday 11.15am and 7pm

Tuesday 12pm

Saturday 8am

Pilates:

Monday 6pm

Craft:

Monday 6.30pm

Yoga

Monday 9.30am

Tuesday 1.30pm

Men's Active

Thursday 7.30pm

Tai Chi

Friday 9.30am

Line dancing:

Friday 10.30am and 11.45am

Where Laverton Community Hub
95 –105 Railway Avenue, Laverton

Contact 9932 3011 or email
lavertoncommunityhub@hobsonsbay.vic.gov.au